

 **This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.azblue.com/2017INDBooks](http://www.azblue.com/2017INDBooks) or by calling 1-877-475-8440.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<b>\$6,550</b> /member	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Your <u>deductible</u> is based on a calendar year and starts over each January 1st. See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . Access fees, balance bills, and payments for <u>excluded services</u> don't count to the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. <b>\$6,550</b> /member	The <u>out-of-pocket limit</u> is the most you could pay during a calendar year for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums and costs for health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . You must keep paying them even if you reach your <u>out-of-pocket limit</u> .
Does this plan use a <u>network of providers</u> ?	Yes. See <a href="http://www.azblue.com">www.azblue.com</a> or call 1-877-475-8440 for a list of <u>network providers</u> .	If you use a <u>network</u> doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your network doctor or hospital may use an out-of-network <u>provider</u> for some services. This plan does not cover services by out-of-network <u>providers</u> except in very limited circumstances. See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a <u>referral</u> to see a <u>specialist</u> ?	Yes. You need a <u>referral</u> to see most <u>specialists</u> .	This plan will pay some or all of the costs to see a <u>specialist</u> for covered services, but only if you have the plan's permission before you see the <u>specialist</u> .
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your benefit book for more information about <u>excluded services</u> .

**Questions:** Call 1-877-475-8440 or visit us at [www.azblue.com](http://www.azblue.com).

If you aren't clear about any of the underlined/bolded terms used in this form, see the Glossary.

You can view the Glossary at [www.cciio.cms.gov](http://www.cciio.cms.gov) or call 1-877-475-8440 to request a copy.



- **Copays** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan requires you to use **network providers** who usually accept the plan's allowed amount. This plan doesn't cover services by out-of-network providers except for emergencies and when use is preapproved. For eligible Indian members enrolled in a qualified health plan purchased through the Health Insurance Marketplace, cost share is waived for covered services from the Indian Health Service, Tribe, or a Tribal or Urban Indian Organization, or through referral under contract health services, regardless of the provider's contract status. Because of this waiver, these members cannot qualify for an HSA.

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Network Provider	Non-Network Provider	
<b>If you visit a health care provider's office or clinic</b>	Primary care (PCP) visit to treat an injury or illness	No charge after deductible	Not covered	Limit of 20 chiropractic visits per member/calendar year.
	Specialist visit	No charge after deductible		
	Other practitioner office visit	No charge after deductible		
	Preventive care/screening /immunization	No charge; deductible waived	Not covered	
<b>If you have a test</b>	Diagnostic test (x-ray, blood work)	No charge after deductible	Not covered	None. Some tests require precertification.
	Imaging (CT/PET scans, MRIs)			
<b>If you need drugs to treat your illness or condition</b> More information about <b>prescription drug coverage</b> is available at <a href="http://www.azblue.com">www.azblue.com</a> .	Prescription drugs (except specialty drugs)	No charge after deductible	Not covered	Some drugs require precertification and won't be covered without it. Only formulary drugs are covered unless a formulary exception is approved.
	Specialty drugs	No charge after deductible	Not covered	

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Network Provider	Non-Network Provider	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	No charge after deductible	Not covered	Precertification required. Additional \$1,000 access fee for all bariatric surgeries.
	Physician/surgeon fees			
<b>If you need immediate medical attention</b>	Emergency room services	No charge after deductible		None.
	Emergency medical transportation	No charge after deductible		None.
	Urgent care	No charge after deductible	Not covered	Applies only to facilities specifically contracted for urgent care.
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	No charge after deductible	Not covered	Precertification required. Additional \$1,000 access fee for all bariatric surgeries.
	Physician/surgeon fee			
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	No charge after deductible	Not covered	None.
	Mental/Behavioral health inpatient services	No charge after deductible	Not covered	Precertification required.
	Substance use disorder outpatient services	No charge after deductible	Not covered	None.
	Substance use disorder inpatient services	No charge after deductible	Not covered	Precertification required.
<b>If you are pregnant</b>	Prenatal and postnatal care	No charge after deductible	Not covered	None.
	Delivery and all inpatient services			

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Network Provider	Non-Network Provider	
<b>If you need help recovering or have other special health needs</b>	Home health care/Home infusion therapy	No charge after deductible	Not covered	Precertification required. Limit of 42 visits (of up to 4 hours)/calendar year.
	Rehabilitation services • EAR= Extended Active Rehabilitation Facility • SNF = Skilled Nursing Facility	No charge after deductible	Not covered	Precertification required for facility admission. Annual limits: 90 inpatient days for EAR and SNF combined, and 60 outpatient visits each for rehabilitative and habilitative services.
	Habilitation services	No charge after deductible	Not covered	
	Skilled nursing care	No charge after deductible	Not covered	
	Durable medical equipment	No charge after deductible	Not covered	Precertification required for some durable medical equipment.
	Hospice service	No charge after deductible	Not covered	None.
<b>If your child needs dental or eye care</b>	Eye exam	No charge after deductible	Not covered	Excluded for members age 19 & older. Limit of 1 routine vision exam/calendar year. Deductible waived for member under age 5.
	Glasses/Contact lenses	No charge after deductible	Not covered	Excluded for members age 19 & older. Limit of 1 pair of glasses or contact lenses/calendar year.
	Dental check-up	No charge after deductible	Not covered	Excluded for members age 19 & older. Limit of 2 dental check-ups & cleanings/calendar year.

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your benefit book for other excluded services.)

- Acupuncture
- Adult routine vision exam
- Care that is not medically necessary
- Chiropractic services exceeding 20 visits per calendar year
- Cosmetic surgery, cosmetic services & supplies
- Custodial care
- Dental care and orthodontic services (Adult) except as stated in plan
- DME rental/repair charges that exceed DME purchase price
- Experimental and investigational treatments
- Eyewear except as stated in plan
- Flat feet treatment and services
- Genetic and chromosomal testing
- Habilitation outpatient services exceeding 60 visits per calendar year
- Home health care and infusion therapy exceeding 42 visits (of up to 4 hours) per calendar year
- Homeopathic services
- Infertility medication and treatment
- Inpatient EAR & SNF treatment exceeding 90 days per calendar year
- Long-term care, except long-term acute care
- Massage therapy other than allowed under medical coverage guidelines
- Naturopathic services
- Non-emergency care when traveling outside the U.S.
- Orthodontic services (Pediatric) that are not dentally necessary
- Pediatric dental check-ups exceeding 2 check-ups and cleanings per calendar year
- Pediatric glasses or contact lenses exceeding 1 pair of glasses or contact lenses per calendar year
- Private-duty nursing, except when medically necessary or when skilled nursing not available
- Rehabilitation outpatient services exceeding 60 visits per calendar year
- Respite care
- Routine foot care
- Routine vision exam (child) exceeding 1 visit per calendar year
- Services from providers outside the network, except in emergencies and other limited situations when use preauthorized
- Sexual dysfunction treatment and services
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your benefit book for other covered services and your costs for these services.)

- Bariatric surgery
- Chiropractic care
- Hearing aids, up to 1 per ear, per calendar year

## Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-877-475-8440. You may also contact your state insurance department at 602-364-2499, or 1-800-325-2548 in Arizona but outside the Phoenix area.

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: 1-877-475-8440.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 602-864-4884.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 602-864-4884.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码602-864-4884.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 602-864-4884.

**Blue Cross Blue Shield of Arizona does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment in benefit determinations.**

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$840
- Patient pays \$6,700

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$6,500
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$150
<b>Total</b>	<b>\$6,700</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$50
- Patient pays \$5,350

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$5,270
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$80
<b>Total</b>	<b>\$5,350</b>

## Questions and answers about the Coverage Examples:

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### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The Patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from network **providers**. If the patient had received care from out-of-network **providers**, services would not have been covered.

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### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

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### Does the Coverage Example predict my own care needs?

- ✗ **No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

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### Does the Coverage Example predict my future expenses?

- ✗ **No**. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

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### Can I use Coverage Examples to compare plans?

- ✓ **Yes**. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

- ✓ **Yes**. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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If you believe that BCBSAZ has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: BCBSAZ's Civil Rights Coordinator, Attn: Civil Rights Coordinator, Blue Cross Blue Shield of Arizona, P.O. Box 13466, Phoenix, AZ 85002-3466, (602) 864-2288, TTY/TDD (602) 864-4823, [crc@azblue.com](mailto:crc@azblue.com). You can file a grievance in person or by mail or email. If you need help filing a grievance, BCBSAZ's Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1 (800) 368-1019, 1 (800) 537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.